

April
1985

NEW YORK CYCLE CLUB

In its 49th year

APRIL 1985

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P.O. BOX 877, BROOKLN, NY 11212



APRIL RIDE LISTINGS

Compiled by Maxim Vickers, V. P. Rides

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

RIDE AND RIDER CLASSIFICATION

<u>Ride/Riders</u>		<u>Riding Pace</u>
"A+" ANIMALS	Anything goes. Eat up roads, hills and all.	17+ mph
"A" SPORTS(WO)MEN	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stop every two hours or so.	14-17 mph
"B" TOURISTS	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stop every hour or two.	11-14 mph
"C" SIGHTSEERS	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stop every half to one hour.	8-11 mph
"D" BEGINNERS	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	to 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

ATTENTION A/A- RIDERS: Continue your conditioning and improve your paceline riding skills with Doug Blackburn (212)888-0048, who, weather permitting, will lead 45-60 min rides in Central Park every Tuesday and Thursday morning in April starting at 5:45AM from the Tavern on the Green. Several of us got into this habit last year and had a lot of fun, as well as improved our performance markedly.

- Sat. Apr. 6 MAMARONECK; CHAPPAQUA; POCANTCO HILLS. Leaders: Chris Mailing (718)965-0894 faster, Lee Gelobter (718)646-7037 slower. The perennial Mailing classic. From the Boathouse.
A
70 mi
9:00
- Sat. Apr. 6 WESTCHESTER RAMBLE. Leader: Martha Ramos (718)857-9142. Meet Martha at the end of the #2 subway line in the Bronx (241St. and White Plains Rd.) for a ride to Westchester. There will be an indoor lunch stop. Starting temp. below 40F, winds over 15mph rain or forecast for 75% or greater for precipitation cancel.
B
45 mi
9:15
- Sun. Apr. 7 CROW HILL CLUSTER BUSTER ("A" TRAINING SERIES). Leaders: Maxim Vickers (718)728-7179 faster, Josh Keller (212)674-0955 slower. Measure your cardio-vascular works and gear ratios under the watchful eyes of the resident scavenging birdlife against this treacherous climb on Tarrytown-Mt. Kisco-Armonk run. Bakery stop up, deli down. From the Boathouse.
A
80 mi
8:00
- Sun. Apr. 7 PIERMONT. Leader: Lin Ehrlich (212)737-3887. Meet at the Central Park Boathouse and ride to Piermont for brunch at the Turning Point. Temperature below 40F at the starting time, high winds or rain cancel.
B
45 mi
10:00
- Sat. Apr. 13 OYSTER BAY VIA BAYVILLE. Leaders: Chris Mailing (718)965-0894 faster, Claire Goldthwaite (212)228-0828 slower. Check out the Gold Coast real estate. From the Boathouse.
A
75 mi
9:00

Sat. Apr. 13 SPRING SHOPPING SPREE AT ROSLYN SIMMS. Leader: Jane Rothenberg
C (718)846-8120. Be an educated consumer. Meet at the statue of
30 mi Civil Virtue at Queens Blv. and Union Turnpike to ride to the
10:00 Roslyn Simms, where you can buy everything, including shoes.
Enjoy home-made icecream and see the Wurlitzer jukebox and old
stained glass in Old Roslyn. Bring your lock.

Sun. Apr. 14 AH, WESTCHESTER!(AND FAIRFIELD)("A" TRAINING SERIES). Leaders:
A Josh Keller (212)674-0955 faster, Maxim Vickers (718)728-7179
90 mi slower. Fortified with the inimitable french toast at the
8:00 Flagship in White Plains we shall penetrate these exclusive
localities up through very Hickory Kingdom and return with
deli stop in Briarcliff Manor. From the Boathouse.

Sun. Apr. 14 Meet at the statue, Columbus Circle, to visit five countries
C --no passport needed--Korea, Lebanon, Italy, China, and
25 miles Israel. Plenty of time for shopping, browsing, and eating.
10:00 E.T.A. back in the States, 5 p.m. This trip can be arranged
through your travel agent, or better still, just show up. The
ride will be cancelled ONLY in the event of nuclear attack (in
which case it will be held The Day After). Leader: Bernie
Brook, 212/279-1907. Joint: NYCC/TA/AMC.

Sun. Apr. 14 FIVE TOWNS IN BLOOM-FAST TOUR. Leader: Chuck Albert (718)786-2779.
B+ Meet at the statue of Civil Virtue, Queens Blv. & Union Tpk. for
50 mi a scenic ride through the Five Towns in Southern Nassau. We will
9:30 keep B+ pace and not slower. This area is beautiful in spring
having architecturally interesting homes and mansions with
wonderfully landscaped grounds.

Sun. Apr. 14 ACROSS STATEN ISLAND. Leader: David Moses (718)444-5681. Meet at
B the South Street Ferry for a prompt departure on the 9:30 boat.
50 mi Bring 25c for the fare and low gears, as there will be some hills.
9:15 Rain cancels.

Sun. Apr. 14 WESTCHESTER/KENSICO B-TRAINING RIDE. Leader: Maggie Clarke (212)
B- 567-8272. Meet at Triangle Park (Dyckman St. Broadway and Riverside)
40-50 mi for an evenly paced (10+mph) training ride. The aim is to increase
9:30 distance capability while enjoying the scenery of the "back roads"
Westchester. Please bring \$, tube, pump etc. Call Maggie Clarke
for travel directions/rain cancellation decision.

Sun. Apr. 14 JONES BEACH JAUNT. Leader: Scott E. Feldman (212)310-5256/(718)
C+ 444-9321. Join Scott for a scenic ride to Jones Beach. Meet at
50 mi the statue of Civic Virtue (Queens Blv. & Union Tpk.) Bring a
9:30 spare tube, also a lock, since we will be lunching at the beach.
Swim at your own risk.

Sat. Apr. 20 TRAININGRIDES' TIME TRIAL & CLINICS. (By the STAFF) This day
A/B will be spent in Bergen and Rockland. Bill Vojtech and Steve
8:30 Sklar (212)245-3245 will administer the 20mi time trial from
GWB to Nyack as part of the day's 50-60 mi. ride. After the time
trial and refueling at the Skylark Diner, Chris Mailing (718)
965-0894 will hold Cornering Clinic at a convenient place nearby.
The techniques to be taught are the same as those taught at the
Proficient Cycling Camp in Florida and explained briefly at the
March Club Meeting. The participants shall then have a choice
of continuing the ride with Bill and Steve or proceeding to the
Hillclimbing Session given by Arlene Brimer (212)362-2631 and
Ione Ohman (212)644-6756(W) with spiritual guidance by Maestro
Bekkerman (212)760-4303(W). This clinic will be based on lessons
learned by Arlene and Ione at the said Florida camp and on
Alexe's many mountainous miles of experience. The rides will
depart from the Boathouse, but may also be joined at GWB in
time for the 9:00 shuttle. If you do not intend to participate
in the time trial, call Ione.

- Sat. Apr. 20 GREENWICH GAMBOL. Leader: Debbie Bell (212)864-5153. A challenging ride through Westchester, the beautiful hills and homes of Connecticut and Greenwich. Meet at the last stop on the #2 subway line (241 St. and White Plains Rd.)
B 55+mi
9:00
- Sat. Apr. 20 SINGLES' SURPRISE BRUNCH. Leader: Jane Rothenberg (718)846-8120
C Meet at the statue of Civic Virtue (Queens blv. and Union Tpk.)
20-30 mi Bring your lock and your appetite. Estimated brunch cost:
10:30 \$6.50-15. After brunch - who knows?
- Sun. Apr. 21 AA#4. Leaders: Alan Zindman (212)989-8529 and Alex Bekkerman (212)760-4303. Leave from the Boathouse for a fast (20mph) steady ride to Bear Mountain. We will climb on the River Rd and then proceed to the mountain non-stop. A quick stop on the way back to catch 4:00pm bus to Manhattan. Bring food with you to save time on the ride. Note: the pace and overall standards of this ride will be maintained MERCILESSLY.
AA 110 mi
8:00
- Sun. Apr. 21 GOLDEN'S BRIDGE. Leaders: David Walls (212)570-6572 faster, Doug Blackburn (212)888-0048 slower. This is the gala conclusion of the spring "A" training series. After a triumphant romp across Westchester we will spruce up and reconvene for a congenial pig-out in the City at a place to be announced during the ride!
A 100 mi
8:00
- Sun. Apr. 21 PIERMONT AND NYACK. Leaders: Rick & Jackie Plate (718)788-1322. Meet at George Washington Bridge for 10:00 shuttle van. This will be a fast-paced ride with three major climbs and a lot of rolling hills. The scenery and the downhills more than make up for the climbing. No pets or radios please.
B+ 40 mi
9:45
- Sun. Apr. 21 10th ANNUAL CHERRY BLOSSOM RIDE. Leaders: Irv Weisman (212)562-7298, David Miller (212)794-9365, Maggie Clarke (212)567-8272. Meet at 9:00 at the New York Coliseum, (B'way at 60th St.) or at 9:45 at City Hall Park (Brooklyn Bridge sta. IRT & BMT) We will take PATH at 10:25 from the World Trade Center to Newark (fare is 75c, exact change) for an easy-paced sociable ride through Branch Brook park to the Belleville Cherry Grove which should be in full bloom with delicately linked cherry blossoms covering the hillsides and lining the brook walks. After a picnic lunch (best to bring your own, with drink, but a market is nearby) and stroll along the walks, we will return to the GW bridge before 4pm encountering several demanding hills along the way. Trip canceled if the 8:00 prediction of rain is 60%.
B-/C 35 mi
- Sat. Apr. 27 KINGSTON ROUND-TRIP. Leader: Alex Bekkerman (212)760-4303/(718) 438-4746. Now that the training rides are over, it is time for the year's first Double Century. This ride will be held in a highly co-operative spirit with full use of drafting and group riding techniques. As much as possible I will adhere to 14hr schedule so that we could spend the evening with our friends and families. We will NOT concentrate on scenery, but rather on smooth, steady pace, proper eating and other endurance techniques. Call Alex for details.
AA 210 mi
6:00am
- Sat. Apr. 27 SADDLE RIVER TO NYACK. Leader: Lee Galobter (718)646-7037. Meet at the SW corner of 23rd St. & 6th Ave. (PATH train entrance) for a quick but friendly-paced paceline ride up Blvd. East for a beautiful view of the skyline and through some of Bergen county's more scenic roads. Return at a blistering pace along flat Route 501. Call Lee for more details.
A 70 mi
8:00
- Sat. Apr. 27 BAYVILLE. Leader: Sara Flowers (718)544-9168. Meet Sara at the statue on Queens Blvd. (E or F train to Union Tpk.) for the season's first ride along the Club's favorite routes on the Long Island's North Shore. You may lunch indoors or on the beach. Rain cancels
B 55 mi
9:30

Sun. Apr. 28 FIVE-BORO BIKE TOUR. Leader: AYH (212)431-7100. World's biggest
35 mi bicycle "happening" needs no introduction and defies description.

Weekend Ride Previews

Fri-Sun LITCHFIELD HILLS WEEKEND. Leader: David Moses (718)649-7630/
May 17-19 (718)444-5681. Drive to Sharon, Conn. on Friday night, 111 miles
B+/A- from New York, for two days of hilly, challenging cycling on
7:30PM Saturday and Sunday. The area is rural with covered bridges and
other traditional New England scenery, the Northeast Audubon
center and the Housatonic river. Plan to use car pools for
getting there. For lodging - space for ten people is available at
two Bed-and-Breakfast houses operated by resident families. The
cost of accommodations and breakfast is approximately \$80 for
a double room for two nights. Contact the leader to set up car
pools and to make room reservations. Please state your preference
for single/double, smoker/non-smoker, private/shared bath and
include \$35 deposit per person by May 1.

Sat-Mon MEMORIAL DAY WEEKEND IN SHEFFIELD, MASS. Leaders: Lee Gelobter
May 25-27 (718)646-7037, Rick & Jackie Plate (718)788-1322. With the Metro-
A/B/C North station only 27 miles away, the Ivanhoe Country House (413)
is the perfect base for a weekend of touring in the Berkshires.
Room rates range \$135-174 for the weekend, double occupancy,
breakfast included. Since the number of available rooms is limited
you MUST make your reservations as soon as possible. For
getting there, there may also be a limited number of car spaces
on first come-first served basis. Call Lee or Rick & Jackie for
more details.

Fri-Jul. 5 200km VERMONTAGNARDS. Leader: Maxim Vickers (718)728-7179.
A+ Due to circumstances beyond my control there shall be no blooming
125 mi lilacs (see the March bulletin), however swimming holes are
warmer in July and with four days available during the Independence
Day weekend I will offer plenty of challenging, scenic and
gastronomic touring from the Schoolhouse Hostel in Rochester, Vt.
in addition to the title's piece de résistance. The cost of
getting there in the AYH bus, sleeping on creaky bunkbeds and
devouring four voluminous (and tasty) breakfasts and three
dinners is a sensational \$115. Refer to HB4 when talking to AYH.



Coming Events

Date	Ride	Leader	Class	Distance
5/5	All-Club Ride to Bethpage	Rides Comm.	A/B/C	35-100
5/10-12	TOSRV	AYH	A/B	220
5/19	Montauk Century	AYH	A/B	115
5/25-26	24hr Central Park Marathon	AYH	A/B/C	25-∞
6/14-17	GEAR UP (Ride to)	{ Ramos/Bell Korsa	B C+	60 ea. way
6/15	Long Island Biketrain	AYH	A/B/C	0-100
6/15	Strawberry Supreme	Vickers	A+	135
7/6	200km Vermontagnards	Vickers	A+	125
7/21	All-Club Ride to Silver Lake	Rides Comm.	A/B/C	35-100
8/17-18	Delaware Water Gap	Mailing	A	280

A Training Rides

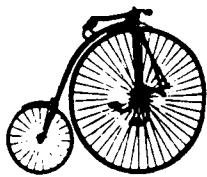
Sat 4/6	70	4½	9:00	Mamaroneck, Chappaqua, Pocantico Hills	Chris Mailing
Sat 4/6	70	4 3/4	9:00	Mamaroneck, Chappaqua, Pocantico Hills	Lee Gelobter
Sun 4/7	80	4 3/4	8:00	Tarrytown, Mt. Kisco, Armonk	Maxim Vickers
Sun 4/7	80	5½	8:00	Tarrytown, Mt. Kisco, Armonk	Josh Keller
Sat 4/13	75	4½	9:00	Oyster Bay via Bayville	Chris Mailing
Sat 4/13	75	5	9:00	Oyster Bay via Bayville	Claire Goldthwaite
Sun 4/14	90	5	8:00	Round Hill, Ct., Bedford Hills, Tarrytown	Josh Keller
Sun 4/14	90	5 3/4	8:00	Round Hill, Ct., Bedford Hills, Tarrytown	Maxim Vickers
Sat 4/20	80	4½	8:30	Nyack, New City, Saddle River	Bill Vojtech
Sat 4/20	80	5	8:30	Nyack, New City, Saddle River	Steve Sklar
Sun 4/21	100	5½	8:00	Golden's Bridge	David Walls
Sun 4/21	100	6½	8:00	Golden's Bridge	Doug Blackburn

B Training Rides

Saturday April 6	<u>WESTCHESTER RAMBLE</u> : 45 miles. Meet at 9.15 am at the end of the # 2 subway line in the Bronx for this ride. Leader: Martha Ramos.
Sunday April 7	<u>PIERMONT</u> : 45 miles. Meet at 10 am at the Central Park Boathouse and ride to the Turning point in Piermont for brunch. Leader: Lin Ehrlich.
Sunday April 14	<u>ACROSS STATEN ISLAND</u> : 50 miles. Meet at the South Ferry at 9.15 am for departure on the 9.30 boat. Bring 25c for the fare. Leader: David Moses.
Saturday April 20	<u>GREENWICH GAMBOL</u> : 55+ miles. Meet at 9 am at the end of the # 2 subway line (White Plains Rd. and 241 St.) for a challenging ride through Westchester. Leader: Debbie Bell.

The Admiralty Space

By Maxim Vickers



A specter is haunting the New York Cycle Club--the bugbear of ride classification. The gripes are manifold. Some say the rides are not true to labels. Others complain that the labels shed no light on the nitty gritty of maximum gradients and instantaneous velocities. It is also heard that there are not enough "A-" options available, since most "A" rides tend to acquire unadvertised plusses. As for "C" rides, there simply do not appear to be any and it has been reported to me (confidentially, mind you) that at least part of the reason lies in the reluctance of some leaders to assume the "stigma" of "C" classification and to smuggle in sub-standard offerings under a "B"-sized fig leaf. Hell! If our designated Animal, Mr. D. Walls, could lead a "C" ride (and yours truly can personally attest its authenticity) what else is needed to make them respectable?

I admit to a certain up-to-date laxity in editing the ride submissions. This was due as much to short lead times available for bulletin publication as to lack of concretely formulated policy. The former shall, therefore, henceforth be dealt with by postulating the latter.

The current ride and rider classification table, which precedes the ride listings in every issue of our bulletin, is not a frivolous concoction. Rather it is the derivative of a project undertaken back in 1980 by Irv Weisman and Jimmy Rex. In February of the following year, Irv published in the said bulletin a graphical grouping of rides which I, with his blessings, am reproducing below.* (A full reprint of Irv's article is available to any club member upon supplying me with a stamped self-addressed envelope). From this graph, a ride's class may readily be deduced by raising a vertical line from the Distance axis to intercept with Time (total elapsed) line. Drawing a horizontal line from that point will yield the average speed (with stops). The average road speed is, on the other hand, found by following the curve of velocity lines from the same point. For example, 50 miles in 5 hours constitute a bone fide "B" ride with overall average speed of 10 m.p.h. and average road speed of 12.5 m.p.h. (even though braver souls were probably bleeping heavily on police radars down E. Clinton!). During our last club meeting, Irv made a presentation of actual club ride data fit with this graph, and it was so remarkably good that I am prepared to recant on every instance of merriment in which I partook over the years at the expense of the size of his freewheels.

This, therefore, is the wisdom: save this graph! Cut it out, xerox it, microfilm it--whatever. If you are leading, it will be your responsibility to make sure that your ride fits into the space on it enclosing that letter which you choose to submit it under. Once on the road, you are responsible for administering it true to that letter. If you are riding, before you voice gripes, take out the graph and check if the ride's overall field performance did not perchance (surprise!) match its advertised classification.

For ease of editing (and lessening of potential for conflict) I would like to see EAT (Estimated Arrival Time) alongside the starting time in every Day Ride submission. Allowances will be made for near-freezing temperatures, mountainous terrain, and excruciating pace, but all horse trading is to be done with respective ride coordinators. Any ride reaching the Rides Desk with apparently inappropriate classification lettering, and inadequately documented justification for this, shall be demoted (somehow I expect fewer promotions) to that rating level which is dictated by arithmetic.

I would also like to second Irv's suggestion that a new category "AA" (or as our cousins, the Princeton Wheelmen, have it--"AX") be introduced to denote the Animals. This will make "A+" available for finer differentiation between "A" rides, where there appears to be some need for this. "AA" ("AX") would occupy the outer reaches of the graph beyond the 17 m.p.h. curve...

The Rides Desk now considers the specter of ride classification exorcized, at least for the duration of this tenure or until publication of further research data.



Heartfelt thanks to those six (6) Club members who took the time, thought and effort to come up with designs for the proposed Club Jersey. I am hoping to see more entries before the Board meets to consider these (on April 2), but at least we have enough of them to select three, as planned. Remember those words, (in the Good Book, I believe) about lighting candles versus cursing darkness?



For those who are still racking their brains over the disposition of July 4 holiday weekend, here is a hint: BAM (Bicycle Across Massachusetts) '85. The tour will cover about 55 miles a day with all gear (and VERY tired cyclists) carried in sag wagons. All inclusive cost is \$130, plus transportation to Massachusetts. This should be perfect for B/A- cyclists eager to taste the delights of point-to-point touring. See Alinda Barth, "B" Rides Coordinator, for details.

(*See p. 10 for Ride-Classification Chart.)

A Word To The Wise, Or: Motherly Advice From Your B-Rides Coordinator

By Alinda Barth

O happy day! The B-Training-Rides season has begun. I hope that you have spent some of the dreary winter afternoons overhauling your beloved vehicles back into a state of grace and glory. There is nothing better than getting out on a sunny spring morning on a clean, shiny, well-functioning bike.

The club has grown. There are many B riders. There are many kinds of B riders and rides. B-rides are classified as going from 11-14 m.p.h. We have B- and B+ rides too. The differences among these rides lies within a mile or two of actual riding pace (excluding stops for lunch, flats, and fallen derailleurs). If you think there is not much difference, you are wrong. As Irv Weisman has recently pointed out, there is quite a difference. If you are new to the Club or out of shape, do yourself a favor by starting off at a pace that is a bit slower than your ego or wishful thinking tell you to do. Few things are more discouraging than setting off on that first fine spring morning--your first ride--only to find that you have selected the wrong group, got left behind, or tried all day to keep up and then spent two days in bed. Go on a B- or B ride and see how you keep up. If you go on a B+ ride and can't maintain the pace, you may be dropped. It is simply not fair to keep 14 strong riders waiting for you every 5 miles (if they are willing to wait) or slow them all down to your pace. If you find that you have selected the wrong group, be kind to yourself. Drop yourself off. Remember, riding is supposed to be fun, not torture. There is nothing ignominious about dropping out of a ride. I'm not ashamed to admit that I once dropped out of a ride I was leading when I had a really miserable day. (Luckily, I had a friendly co-leader.) These things happen.

This brings me to another point: Take a map along on each ride so that you can get back on your own if you must. Ride leaders occasionally provide maps, but are not required to do so. They all have jobs and lead harried lives like the rest of us. So be grateful that they are willing to lead you on a ride and don't expect any extra "service." Don't whine and complain if the ride is not exactly to your personal liking and specifications. Instead, lead a ride yourself, your ride, the way you want it. Most importantly--we do need more B-ride leaders. If no one is willing to lead, there will be no rides. Please don't reduce me to begging and crying on the phone for more rides. Surprise me. Call me up one evening and say: "Hey, Alinda, I'd like to lead a ride to so and so on this or that day." If I do not answer immediately, I'll probably have fainted with joy.

Greetings, and good riding!

Welcome, Two New "E" Riders

By Cyclops

What do you get when you merge the New York City Department of Transportation with the American Youth Hostels? A first-issue 7 lb. 12 oz. baby boy! Timothy Laurence emerged on January 14, 1985, and immediately took charge of his parents--Larry Reilly, NYC Bicycle Coordinator, and Winifred Zubin, AYH Board President.

Lenny LoPinto, Brooklyn Public Library Children's Librarian, produced his first junior edition on January 26. Leonard Carl, Jr. weighed in at 6 lb. 3 oz. Mother Debbie, on leave from her nursing career, contributed.

Timothy and Leonard join our Club's growing "E" (for enfant) riders contingent, already consisting of Tony Mantione's Michelle, Carole Chavanne and Jim Ver Eeck's Helene (both born March 1983), and Lee Gelobter's Michael (born October 1983). Welcome, Timothy and Leonard!



Cycling Shorts

By Gregory D'Agostino

There IS something new under the sun (!)---Steve Baron back from a trip to the British Crown Colony of Hong Kong, brings news of a bicycle powered by solar energy. The South China Morning Post reports a tandem driven by a combination of pedalling and electrical energy from solar cells completed a 1,150-mile trip from Cairns to Brisbane, Australia. Dr. Ugur Ortabasi, Director of the Solar Research Centre at the University of Queensland, estimated that the solar cells produced a 25% increase in speed, which was equal to 45% more power. The tandem built by Christie Cycles of Melbourne, has 10 gears for the riders, and 5 separate gears operating in conjunction with a power optimiser and a half horsepower electric motor mounted on the rear. The entire length of the bike was covered by a 56-square-foot canopy holding 440 Kyrocera photovoltaic cells. I wonder if the bike was equipped with Suntour components.

Cycling history may remember four Japanese who last year attached sails to their bikes and went nipping across the Sahara Desert. The 2,750 Km journey from Ghardaia, Algeria to Niamey, Niger, lasted almost two months. And you thought the camel was the only "ship of the desert."

Alexi Grewal's "Technicolor" Pinarello will be remembered in cycling history. It is now in the Smithsonian.

Here's some news about AMERICAN FLYER, a movie about two brothers who team up to beat a former teammate turned rival as well as the Russians at the Coors Classic. The film was previewed in L.A. in front of an audience of 400. Not one person rated the film in the "poor or fair" category, and 88% said it was "excellent or very good." AMERICAN FLYER was directed by John Badham (War Games), and produced by Gareth Wigan (Terms of Endearment). It will be released this summer.

If you can sometimes do with a bit of inspiration while cranking it out on your Racer Mate, try a cycling video. ICL, a division of the Coors Classic, is offering amongst its titles the '83 World Cycling Championship, the '84 Coors Classic, and a triathlete training tape. For a catalogue, write ICL Videos, 1737 Pearl Street, Boulder, CO 80302, or 'phone 303-442-7117.

A bicycle frame can weigh as little as 5 pounds and support thirty times its weight. The George Washington Bridge couldn't support thirty times its own weight.

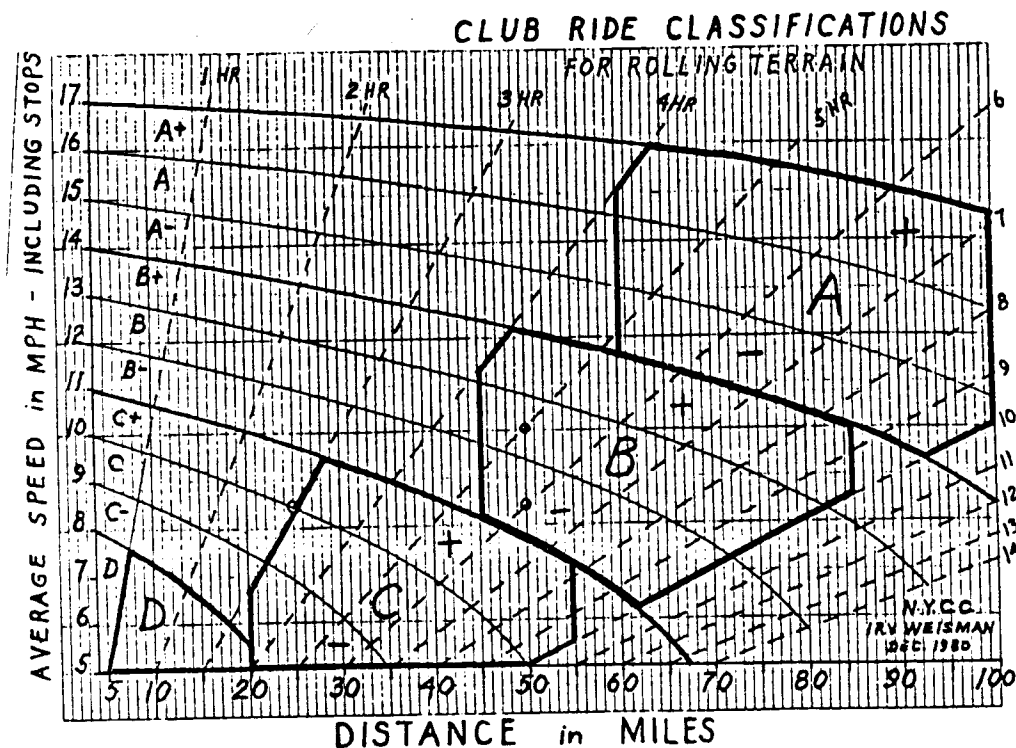
In the book BICYCLE ROAD RACING by National Team Coach, Eddie Borysewicz, he describes some illnesses associated with cycling. They are: Eye redness, Hemorrhoids, Arthritis, Sinusitis, and Gastritis. And you thought you were going to get healthy and live forever.

According to Trivial Pursuit (card #87), the Tour de France "has the distinction of being the longest-lasting, non-mechanical sports event."



If you have any questions about leading a C Ride, call Gregory D'Agostino, your C-Rides Coordinator.

(Continued from p. 7)



Vacation Ride: Help Wanted



In early June, three NYCC members (Clay Heydorn, Simone Smith, and Mike Klaveness) are planning a two-week bicycle tour through France. The trip will be self-supported and involve 7 to 8 days of biking 40 to 60 miles a day at a B+ pace. If you are interested in joining us, please call Clay for more information at 718/434-7176.

Free Brochure

THE NEW YORK BICYCLE TOURING GUIDE--2,000 miles of cyclist-tested routes criss-crossing the state. 4 separate routes, each with a number of strip maps and descriptive cover brochure. Request free flyer from Bill Hoffman, 53 Claire Avenue, #3C, New Rochelle, NY 10804.



April Club Meeting Program HI TECH

arranged by Sara Flowers

VP Programs

Lennie Preheim of Toga Bicycle Shop will go 'hi tech' for NYCC at the April dinner meeting. New materials and concepts are the talk of the bicycle world. But Lennie will do more than just talk about new aerodynamic developments and precision products. He will also demonstrate, evaluate, and speculate. In preparation for this program he will draw on his seventeen years of experience in the industry and ten years of active participation and leadership in bicycle racing. Specifically for us he has contacted leading manufacturers and theorists for new equipment and ideas.

Whether your interest is touring or racing, theoretical or practical, Lennie's presentation of new bikes, new wheels, new alloys, new clothing, and new strategies will be on the mark. You are in for an evening of sharp ideas, precise presentations, and, always, a surprise or two.

DATE: Tuesday April 9, 1985

TIME: 6:00 PM for beer, cocktails, soda, or just plain socializing
7:00 PM for dinner
IF YOU WANT DINNER AT THE FIXED PRICE (\$10 for the meat, fish, or poultry; \$7.50 for vegetarian; desserts extra) YOU MUST PURCHASE BY 7 PM. Diners will receive a color-coded coupon; non-diners will be seated separately

PLACE: O'Hara's
120 Cedar Street

(N.B. 120 Cedar Street is one block south of the World Trade Center, between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through the door on your right, and go upstairs to our private room.)

BICYCLE PARKING IS PROVIDED but bring a lock for security

** Take the elevator to the 4th floor, and leave your bike in the storage area provided there.

Membership Update

By Irene Walter

NEW MEMBERS:

BAYER, Daniel	422 59 St.	B'klyn	11220	718-439-5179
COLLINS, Dwayne M.	201 W. 93 St. #13C	N.Y.	10025	212-316-4066
COLVIN, Bruce	215 Willoughby Ave. #1707	B'klyn	11205	718-789-2018
EVERNGAM, Howard	166 E. 92 St. #1E	N.Y.	10128	212-369-9441
FLEISCHMAN, Glenn	130 Gale Pl. #2H	Bronx	10463	212-884-8037
FRANK, Jonny	111 Hicks St. #14G	B'klyn	11201	718-643-9751
GREENBERG, Cora	422 59 St.	B'klyn	11220	718-439-5179
HAAS, Terry	111 Hicks St. #14G	B'klyn	11201	718-643-9751

MEMBERSHIP AS OF MARCH 6, 1985: 543

Please don't forget to renew membership! ➡

1985 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving one bulletin. Mail this application, with a check made payable to the "New York Cycle Club" to: NEW YORK CYCLE CLUB, P.O. Box 877, Brooklyn, New York 11202.

OTHER CYCLING CLUB MEMBERSHIPS (CIRCLE): AMC AVH LAW TA CRCA CCC Other:

WHERE DID YOU HEAR OF N.Y.C.C.? _____

Circle if applicable: I do not wish my (address)(phone number) listed in the roster which is published in the bulletin semi-annually.

DATE: _____ AMT. OF CHECK: _____ NEW _____ RENEWAL _____

CITY: _____ STATE: _____ ZIP: _____

ADDRESS: _____ APT. _____

(B) _____

NAME(S): _____ PHONE: (H) _____

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the club its officers, and ride leaders blameless in case of accident.

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

Membership Application
Dues are due

Jody Sayler
49 West 75 Street
New York, NY 10023

First Class

Remember: This will be your last bulletin unless you renew your NYCC membership